

December 2000

On February 17, 2000, I had my first child. The pregnancy and delivery were wonderful. Five weeks post-partum a blister developed on my rectum from pushing so hard in labor. I went to my doctor and they gave me an antibiotic and said it would constipate me and to take stool softeners with it. I did, but the medicine did exactly the opposite. I called the doctor who gave me the medicine and she said they were not related. After about five or six weeks of diarrhea I broke down and went to the doctor. I put it off because I knew the tests they would run and the medicine they would put me on. I also figured they would tell me to stop nursing my three month old baby. I knew this because I have had intestine problems in the past. I was right. They told me everything I expected. It was just not acceptable, though. At this point the diarrhea was so violent I developed seven or so hemorrhoids that bled and were so painful I could barely walk or sit. I was also having malabsorption problems. I would eat and half an hour later go to the bathroom and tell you exactly what I just ate. The the weight started coming off. In a matter of six months I lost 110 pounds, going from a size 18 to 8. It was very scary. I had no strength because all of my muscle was gone, too. I could not walk and hold my baby at the same time. Life was just out of control. Then we remembered Dr. Farahmand. In 1994 he helped me with some arthritis

problems I was having and we knew he could help me. My first visit was in August 2000 and he knew he could help, and he did. First he stopped the diarrhea. Then treated me for the hemorrhoids with a three day oral remedy and they were gone. Praise God! NO surgery, no topical creams. My hip started to give me problems again and that slowly got under control. Then I developed gall stones from the severe weight loss in combination with the overload of hormones. Again, Dr. Farahmand treated them with a few day remedy and they were gone. NO surgery! The weight finally stopped coming off and I started regaining my strength. And just when I thought I was all well ~~the~~ colitis started to appear. Dr. Farahmand treated me for it and it did get better. I am going back for one last treatment and that should do it. God has given Dr. Farahmand a gift of knowledge and of compassion. Best ~~recommendation~~ of all I continued to nurse my baby this whole time!!

We love Dr. Farahmand,

My wife Heather and I and our two boys, Nathan 3.5 years and Ben 1.5 years, have been very happy with the successful results we have had coming to Dr. Farahmand office for many different health problems. However, we recently had a serious problem when our son Ben became very ill one Friday evening on August 5<sup>th</sup> 2005. The symptoms were intense every-hour diarrhea, vomiting even water, fever; stomach/body aching, weakness and dizziness. I thought we could make it to his regular Doctor on Monday morning, but I started to see that something was inside of him and it was trying to kill him. He actually asked me to save him on Sunday night.

I put him in the car and headed to the closest emergency hospital UCLA Medical Center in Santa Monica, by then he was barely talking and he could not walk. The emergency doctor said he had a virus and it would go away. I explained the symptoms and I told them that he was extremely dehydrated. We have great insurance and I wanted him admitted. The doctor did not feel that that was necessary. They administered 400cc of liquid through an IV into his arm. They also said that there is no medication for children's diarrhea and it was better to let it all come out. I asked the doctor several times if they would take a stool sample to test the virus and find out what it was. They ignored my repeated requests even though we were there for four hours and he had diarrhea twice while we were there. They said, "It's a virus we don't need a stool sample".

The next day we went to his pediatrician in Pacific Palisades and to our surprise she said he looked OK and agreed with the UCLA doctor. No stool sample was necessary. Later that day, I decided that I wanted one anyway, so I drove back and got the special containers to collect the samples and then I took them back. They said we would know the results by the following week. By Wednesday the 10<sup>th</sup> my wife had it too and we were worried that Nathan could also get it. Whatever "it" was.

They were not getting any better so we called Dr. Farahmand and went to see him on Friday August 12<sup>th</sup>. He checked Ben and Heather and prepared the medication. By Saturday night Ben and my wife were feeling much better, but still had diarrhea. On Sunday my wife was pretty good and we were not worried about Ben any more.

Tuesday morning August 16<sup>th</sup> we got a call from Liz at the Los Angeles County Health Department with a hundred questions for us. She reported to us that the lab results showed that our son Ben had a bad strain of Salmonella poisoning. This can often be fatal for children his age if not treated or diagnosed properly. We think it was a sunny-side up egg he ate that was not cooked well enough that Friday morning by our housekeeper.

Thank you Dr. Farahmand,

Dr. Salim Farahmand has been our family doctor since 1994. He lives in Hemet, Riverside, almost near Palm Springs and have to travel 2 hours to come to the doctor's office.

My father complained of lower abdominal pains. All doctors prescribed gas pain relievers but Dr. Farahmand found out through his own method that my father was developing enlarged prostate which was causing the pains. He was treated and relieved of the pains and any further serious illness development.

My sister was 50 yrs old at that time she was hospitalized for profuse bleeding. The doctor in the hospital recommended hysterectomy. Ideally it is better to have your uterus and ovaries functioning than without it. I accompanied my sister to Dr. Farahmand and after 2 visits, my sister's profuse bleeding stopped; she did not have to undergo hysterectomy and she is in good health 4 years since then.

My son, Ariel was very sick for a long time. He was in the hospital for a week 2 times. He would get dehydrated because he threw up so many times. I took him to the top gastroenterologist in ~~the~~ New York. He went through many many tests & they ~~did~~ did not find anything wrong.

I heard from my close friend about Dr. Farhamed. I figured I had nothing to lose. The day I came to Dr. Farhamed, my son stopped throwing up. He gave me pills to give him & when I did, my son got healthy again. He stopped throwing up & began growing & eating much better.

I recommended Dr. Farhamed for my mother to come right away to help her with hot flashes, & menopause symptoms. I would recommend him to anyone who needs help & cannot find it in the medical world.