



Encino Acu-Medical Center
Salar Farahmand, L.Ac., O.M.D., Ph.D., D.Hom
(M.D., Tehran, Iran, Pediatrics)

www.homeopathicwonders.com

16661 Ventura Boulevard, Suite 403, Encino, CA 91436

Tel: 818.501.2000

Fax: 818.501.3021

CREATE THE BRAIN CHEMISTRY OF HEALTH

NORMALIZING BRAIN FUNCTION

ACCIDENTS AND INJURIES, REGARDLESS OF HOW LONG AGO THE ORIGINAL INCIDENT OCCURRED, CAN BE THE PRESENT SOURCE OF CHRONIC PHYSICAL, MENTAL AND EMOTIONAL DISORDERS.

Controlling Mild Traumatic Injury and Secondary Symptoms of Concussions, Head and Body Trauma with Homeopathic Medicine

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Proper functioning of the brain is an essential factor in determining optimum health. The Central Nervous System (CNS), which is comprised of the brain and the spinal cord, is the master coordinator of all the voluntary as well as involuntary functions in the body. Injury to this system can cause a variety of physical as well as mental disturbances in the body, including headaches, chronic depression, high blood pressure, cardiac arrhythmia, digestive disorders, memory and concentration problems, mood swings and pre-mature aging process.

In our lifetimes, the CNS, particularly the brain, is subject to injuries. Injuries to the brain more commonly known as brain concussions may result from womb traumas, difficult birth process, auto accidents, slippery fall or sporting activities. Immediately following a brain concussion injury, common symptoms of headaches, dizziness, blurred vision may occur. These symptoms can last for a period of time and spontaneously resolve and disappear. What is not commonly realized is that after the disappearance of the early acute symptoms, the patient is left with long term, often subtle chronic problems. Some symptoms may not even manifest until many years after the traumatic incident.

It is often difficult for physicians to relate patient's symptoms to a brain injury by looking at a patient's history. This is due to the fact that the patient may have difficulty recalling traumas to their head that occurred in the past. Childhood traumas that have long been forgotten may very well be the source of the patient's current complaints and discomforts. Studies have shown that mild injuries to the head can cause serious health complications.

The pituitary gland (located at the base of the skull) is considered the "king" or "master gland" of the brain and hence the body. This gland is responsible for the proper coordination of most of the vital functions in the body. When the pituitary gland is altered or adversely affected, an **Imbalance and Disharmony between the body and the brain is created**, which can then cause a wide range of problems throughout the body. Any concussion to the head or injury to the spinal column can transmit vibrations up to and throughout the brain, effecting the proper functioning of the pituitary and ultimately leading to secondary symptoms.

Recent studies have reinforced the fact that many psychological symptoms such as anxiety and depression, as well as some physically debilitating symptoms such as weakness in the limbs are linked to altered pituitary function.

For many years, Dr. Salar's research formula for balancing brain chemistry has been helping patients look younger and combat symptoms of the aging process as well as symptoms caused by head concussion. This formula helps stimulate the natural production of Human Growth Hormone (HGH) by the pituitary gland. HGH is secreted by the anterior lobe of the pituitary gland. It reaches its peak during the rapid growth phase of adolescence around age twenty. Then it steadily declines as people age.

The following is a list of some of the mental, emotional and physical symptoms that can result from any form of trauma to the head:

MENTAL / EMOTIONAL

Anxiety Attacks	Loss of Communication Skills
Panic Disorder	Loss of Social Skills
Behavioral Disorders	Loss of Self Esteem
Irritability	Poor Cognitive Skills
Depression	Short Term Memory Loss
Mood Swings	Loss of Concentration
Nervousness	Learning Disabilities
Neurotic/Psychotic Behaviors	Chemical Disorder
Attention Deficit Hyperactivity Disorder (ADHD)	Attention Deficit Disorder (ADD)

HGH Deficiency
 Reduced vitality and energy
 Reduced lean body mass
 Muscle weakness
 Increased body fat
 Premature aging process
 Depression
 Overweight

PHYSICAL

Headaches	Numbness or Weakness in Limbs (especially one-sided symptoms)
Neuralgia (body aches)	Chronic Pain (neck, back, knees)
Insomnia	Ataxia (loss of balance)
Dizziness	Vertigo
Ringing in Ears	Hearing Loss or Problems
Asthma	Shortness of Breath
Blurred Vision	Allergies
Double Vision	Diabetes
Black Spots Before Eyes	Chronic Fatigue Syndrome
Trembling	Multiple Sclerosis
Digestive Disorders	Heart Palpitations or Arrhythmia
High Blood Pressure	Urine Retention
Epilepsy or Seizures	Water Retention
Weight Problems	Sexual Disorders
Muscular Dystrophy (MS)	Parkinson's Disease
Carpal Tunnel Syndrome	

Dr. Salar's Formula (NBF) treatment is the best formula for losing weight by providing wonderful natural results.

Create normal brain chemistry. Balance all hormones in men and women through normalizing the function of the pituitary gland.

Complications of organ functions can also be related to long term effects of trauma. The author has helped many patients with strokes, comas, epilepsy, MS, depression, premature aging and overweight with his formula which includes ingredients obtained over the counter and FDA regulated.

NOTE: Parents should be aware that when infants and children are away from their watchful eyes, perhaps at daycare centers or with babysitters, accidents may happen that go unreported. If any significant changes in a child's behavior or development occur, do not hesitate to have the child evaluated for potential trauma.

For more information, please refer to the book written by John Gray, Ph.D., The Mars & Venus Diet & Exercise Solution, pages 295-300. You may also refer to the article at our website.