



Encino Acu-Medical Center
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Gemmotherapy

Gemmo derives its name from the Latin for “bud”. **Gemmotherapy** uses plant buds and rootlet extracts, freshly harvested from the growing plants, making it possible to obtain a more active medication without a need for large doses. It has been extensively researched in Europe through Chemical analysis, study of Pharmacological properties, and clinical experimentation.

Each Gemmotherapy solution is capable of improving many different conditions and when taken in prescribed dosages, have been proven effective in altering toxic states in the body with an accompanying increase in well being.

We should think about Gemmotherapy as being derived from the Gemmo or the bud of trees and plants. The extracts of the buds and rootlet extracts contain more than a composite of vitamins and minerals. They contain the essence of life; from that tiny bud can grow a giant redwood or a mighty oak.

When the buds and embryonic plant tissues are harvested, they are soaked in a mixture of Glycerine and Alcohol, in a ratio where the basic medium corresponds to 1/20th of the dry weight of fresh plants used. After 3 weeks, the macerate is filtered and diluted to 1/10th with a mixture of water, alcohol and Glycine. It is this 1/10th solution, Hahnemann’s first decimal, which is the medicinal form of Gemmotherapy remedies. Concentrations stronger than 1X or 1DH, risk causing some intolerance phenomena.

Gemmotherapy Remedies

Ribs Nigrum

- Stimulates Adrenal Cortex
- Stimulates Adrenal Glands
- Anti-inflammatory
- Asthma
- Allergies
- Chronic fatigue
- Autoimmune Diseases
- Anaphylaxis
- Hypoadrenalism

Rubus Fruticosus

- Rheumatoid Arthritis
- Silicosis
- Osteoarthritis
- Emphysema
- Bronchitis
- Sclerotic Respiratory

Not to be used with history of Tuberculosis

Lonicera Nigra

- Infection (any type)
- Urinary Tract Infection
- E. Coli Infection
- Dysbiosis
- Main nerve drainage
- General Nervous System Problems (draining and tonifying)

Cornus Sanguinea

- Thyroid Drainage
- General Thyroid Disorders
- Endocrine System Drainage
- Anti-necrotic action
- Treats hemorrhages due to anticoagulants

Syringa Vulgaris

- Stimulation of coronary artery-collateral circulation
- Angina Pectoris/Myocardial Problems
- Anti spasmodic

Must first be off of Aspirin before use

Crataegus Oxyacantha

- Heart Drainage
- Cardiovascular
- Regulates Blood Pressure
- Strengthens the Heart
- Anxiety related palpitation (calming effect)
- General Heart concerns
- Thyroid Disorders

Alnus Glutinosa

- Coronary artery blockage
- Cerebral Infarction
- Anticoagulant
- Chronic Inflammatory conditions
- Angina
- Angiogenesis
- Phlebitis
- Adrenal Gland
- Migraine headaches

Viscum Album

- Breaks down fibrous tissue and enhances elimination
- Breaks down cysts and scar tissue anywhere in the body
- Epileptic Syndrome
- Used after operations to get rid of scar tissue

Pinus Montana

- Deformative Arthritis (Osteoarthritis, Rheumatoid Arthritis)
- Joint Drainage
- Cartilage regeneration
- Liver/Lymphatic Drainage

Plantanus Orientalis

- Acne
- Vitiligo

Rubus Idaeus

- Pelvic Region
- Liver and Kidney Drainage
- Ovary Cyst
- Uterine Fibroids
- Dysmenorrheal
- Pelvic region Lymphatic drainage
- Endometriosis
- Menopausal Symptoms

Juglans Regia

- Deep seated infections (Gallbladder, Impetigo, Dental, Sinuses)
- Skin Infections (any kind)
- Anti-infection
- All Cancers except kidneys
- Pancreatic compromise
- Hypo-gamma globulin
- Microbe/Parasite Destruction
- Pancreatitis
- Chronic Bronchitis

Ficus Carica

- Stomach and Duodenum
- Antibacterial action
- Damaged Mucous Membrane
- Gastritis
- Peptic Ulcers
- Neurovegetative Dystonia
- Dysbiosis

- Digestive System (Crohn's Disease, Irritable Bowel Syndrome, Colitis)
- Obesity
- Warts